

Mini Gap Year Course 2025



What is the Course all About?



In short, this course is a **6-Week Greatest Hits** of the Gap Year Journey, where you learn almost everything you need to know about life!

Gap Year Course (with **First Week Live in Cape Town**)

10th Feb till 20th March 2025

Gap Year Course (with **First Week Live in Johannesburg**)

7th April till 23rd May 2025

“I learned more on this course than I did in 12 years of school”

Tiana

“Doing this course was the best decision I ever made!”

Giovanna

“Time flies when you are having fun, and everything was so fun!”

Jean

“It was the best year of my life”

Simone





Find Your Dream Job and Career!

130 Job and Career Options

Please note we have many more Career Options available in our Extra Courses – so if there is one you can't find here, then it might only be available in those – **Property 101, Financial Investing and Money Boot Camp, Film Making 101, Fashion Week, Entrepreneurship: The Beginners Guide and Chef, Events & Hospitality 101**

A.

Accountant/Chartered Accountant, Actuary, Acupuncture, Advertising, Aeronautical/Aerospace Engineering, Animal Sciences, Animal Services, Animation, Anthropology, Aquaponics, Aquatic Science, Archaeology, Aromatherapy, Artificial Intelligence Specialist, Artist, Astrophysics, Audiologist

B.

Beauty Therapy, Beekeeping, Bio-Kinetics, Biomedical Engineering, Body Stress Release

C.

Car Mechanic, Carpentry, Chemical Engineering, Chemistry, Chiropractor, Choreography, Civil Engineering, Coding, Comedian/Stand-Up, Computer Game Design, Counselling, Criminology

D.

DJ, Data Science/Data Engineering, Dentist/Orthodontist, Dermatologist, Digital Content Creation, Digital Marketing, Diving Instructor

E.

Economist, Educator/Teacher, Electrical Engineering, Electrician, Environmental Science, Epidemiology, Ethical Hacking

F.

Farming, Financial Analyst, Fitness/Personal Trainer, Florist, Forensics, Full Stack Developer/Engineer, Futurist/Trend Analysis

G.

Game Ranging, Genetics, Geology, Graphic Designer, Green Technology/Environmental Technology

H.

Historian, Homoeopathy, Horticulture, Human Resources, Hydroponics, Hypnotherapy

I.

Industrial Designing, Informatics, Information Technology/IT, Interior Design

J,K,L.

Journalism, Kinesiology, Landscaping, Lawyer, Life Coaching, Logistics

M.

Magician, Marine Biology, Marketing, Mechanical Engineering, Medicine, Media/Broadcasting, Metaphysics



Find Your Dream Job and Career!

N,O

Nature Conservation, Nursing, Nutritionist/Dietician, Occupational Therapy, Oceanography, Optometrist, Orthotist/Prosthetist

P.

Paediatrics, Palaeontologist, Paramedic, Pharmacist, Philosophy, Phlebotomist, Photography, Physiotherapy, Pilot, Playwright, Plumbing, Politics, Private Investigation, Procurement/Buying, Prompt Engineer, Psychiatrist, Psychologist, Public Relations

Q,R

Radio/Podcast Presenting, Reflexology, Reiki Practitioner, Robotics

S.

Social Media Influencer, Social Worker, Software Developer, Song Writing and Composing, Sound Engineering, Speech Therapist, Sports Science, Sports Management, Statistics

T.

Tattoo Artist, Travel Agent, Tourism/Tour Guide, TV Presenting, TV Show Creation & Production

U,V,W.

Veterinarian, Videographer, Virtual Reality Design, Winemaker/Viticulturist, Web/App Developer & Design, Wedding Planner, Writer/Author

X,Y,Z.

Yoga Instructor, Zoology





The “Life Works” Life Skills Module

This fundamental course component covers business, creative, general emotional intelligence, and street-smart skills to help empower students to be independent, self-reliant, and competent individuals.

Brainstorming, Mapping & Planning Ideas 101	The Art of Business Networking	Self Defence Skills
	How to Change a Tyre	How to Write an Effective CV
To Do Lists and Getting things done	How to Take Effective Notes	Home Loans and Retirement Funds
	How does SARS, Tax, VAT work?	Creating and Sticking to a Budget
Goal Setting, Planning and Commitment	Job Interview Skills	Learning Rapport, Listening & Conversation Skills
	Financial Management	Creating Multiple Streams of Income
Creating a Bullet Journal	The Essential Human Needs	Coping with Stress & Anxiety
	The Science of Happiness 101	Creating Daily Habits for Motivation & Success
Mindfulness – Gratitude, Being Present, Meditation	Building & Maintaining Self-Confidence	The Power of Physiology and Body Language 101
	Understanding & Developing Self-Love & Self Awareness	Learning to Think out of the Box





Special Online Beginner Courses!

Want to really experience something interesting – we offer 8 specially designed online courses to help you, whether you do these as a career or not!

Entrepreneurship - The Beginners Guide:



The Beginners Guide to Starting your Own Business, and we guide you through how to start it while you are on the course!

AI (Artificial Intelligence) – The Beginners Guide:

Learn the Basics in this deep dive – including everything from images, videos, music, virtual assistance and much more!

Property 101:



Learn everything from how to design a house to how to flip a property in one Beginners Guide!

Fashion Week:



Learn Fashion, Hair, Make-Up, Styling and Starting a Fashion Brand in one beginner's course!

Film Making 101:



Learn everything from the technical side to the creative elements and learn how to make your own movie while you are on the course!

Financial Investing & Money Boot Camp:



Learn everything in this beginner's guide to everything from the Stock Market to Trading to Crypto to Saving to Retirement Annuities and more!

Public Speaking 101:



No matter what career you go into you need to know how to do this and do it well – we will help you along the way in this special beginner's course!

Chef, Hospitality and Events Experience:



Cook, bake, arrange and cater up a storm in this beginner's guide including Chef, Baking, Events Management, Restauranteur and more!



What do I get on the Mini Gap Year Journey?



Mini Gap Year Course Includes:

Live In-Person Power Week featuring Life Skills, EQ, Games, Adventures, Experiences and Challenges AND

Tailor-made Online Career Journey featuring 10-12 Careers with Lessons (See pages 3-4) AND

Two Live Online **Individual Coaching Sessions**
(Career and Life Coaching)

PLUS

- Online **Practical Challenges** in up to 3 of the Careers you are most interested in
- 5 Live Online **Group Sessions**
- The Entire “**Life Works**” Life Skills Course (See Page 4)
- Tailor-Made EQ (Emotional Intelligence) Journey of **up to 7 Different Lessons!**
- **Access to 8 Extra Modules/Experiences** Online at R3000 per course (See Pg 5)

